



## From the Principal's Desk

### Life is Short and the World is Wide . . . Explore It While You Can!!!

In the limited time, lifespan has given us the World that has given 1000 reasons to cherish!!!

One should know when and how to explore the world to understand our needs better.

Nothing will teach us more than exploring the world and accumulating experiences does. Travelling brings a moment of life, the moment, which makes us realize what we are made for and what we have to do.

Sitting by the flowing streams took me into a dream world, a world where we know what our future is all about, and this moment is very essential in one's life.

Stepping outside into the realistic world, making acquaintances will make us realize that people are good everywhere.

There is a need, need for keeping alive all our senses while traveling because danger can be there. But thinking that danger is everywhere and always surrounding you will restrain you from your happiness.

The change in thinking from '**I can't do this**' to '**I'll try at least once to do it.**' What matters most. The time we start thinking this, then emerges a new soul who is confident enough to face the world with a grace.

Bring out that energy and enjoy your life as it knocks your door.

**-Ms. Padmaja Anandgokul,  
Principal, RIA Kanakapura**

## **Editorial Committee:**

Ms. Padmaja Anandgokul, Principal  
Ms. Farheen Nizam, Teacher



**Quote of the month**  
*“A journey of a thousand miles begins with a single step.”*



This saying teaches that even the longest and most difficult ventures have a starting point; something which begins with one first step. A person must start his or her journey to reach their goal or destination.

## ARTICLE FROM SECTION HEAD



### Healthy Eating: A Path to a Better You

Eating healthy isn't just about following the latest diet trends; it's about making smart choices that support overall well-being. Nutrition is the foundation of good health, and understanding its principles can lead to a happier, more energetic life.

**The Benefits:** Good nutrition boosts your immune system, supports brain function, and helps maintain a healthy weight. It also improves mood and energy levels, making it easier to stay active and focused.

Remember, healthy eating is a journey, not a destination. Making small, consistent changes can lead to lasting improvements in your overall health.



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### National Doctor's Day

**Mont I:** Students dress up as doctors and talk 3-4 sentences on the same.

**Mont II and III:** Students made a Thank You handmade card thanking the doctors.

**Grades I to VI:** Doctors' Day was celebrated with great enthusiasm and reverence at our school. The event aimed to recognize and appreciate the selfless contributions of doctors in our community and to educate students about the importance of healthcare professionals. Renowned doctors from local hospitals were invited to deliver insightful talks. They shared their experiences, emphasized the significance of pursuing a career in medicine, and answered questions from students.

### Healthy Snack Competition - Grade I & II

**Vision Point: Healthy Living**

To honour and appreciate the dedication of healthcare professionals. It also aimed to promote health awareness among young students through engaging activities.

The Healthy Snack Competition organized for students of grade I and II. The competition encouraged students to create and showcase nutritious snacks that are not only delicious but also promote good health. Each participant brought their own handmade snacks, which were judged based on criteria such as nutritional value, creativity, and presentation.

**Learning Outcome:** Students learned about the importance of choosing nutritious ingredients and creating balanced meals.

### Inter Class Presentation Competition - Grades III - V

Objective of the competition is to educate students about the importance of healthy eating habits and to highlight the role of doctors in promoting and maintaining good health.

The Inter-Class Presentation Competition was the focal point of the celebration. Students from each class in grades III to V prepared and delivered presentations on various aspects of healthy eating habits and how doctors contribute to our health. The topics ranged from balanced diets to the importance of regular exercise, hygiene practices, and the role of vaccinations.

**Learning Outcome:** Students delved into research to gather information about healthy eating habits and healthcare practices.

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### Inter Class Elocution Competition - Grade VI

To educate students about the importance of pandemic preparedness and highlight the role of doctors and healthcare professionals during a health crisis.

The Inter-Class Elocution Competition was a pivotal component of the celebration. Students of grade-6 prepared and delivered eloquent speeches on various aspects of

pandemic preparedness. Topics ranged from the importance of hygiene practices, vaccination awareness, community health initiatives, to the role of healthcare infrastructure in responding to health emergencies.

**Learning Outcome:** Students conducted in-depth research on pandemic preparedness measures, enhancing their understanding of public health concepts.

### International Plastic Bag Free Day - Mont I - III

**Paper Bag Making Competition:** Students made bags using any paper/newspaper and walked to school holding paper bags in their hands and spread awareness that Plastic bags are not good for the environment and said no to plastic bags.

**Grades I to VI:** RIA Kanakapura, enthusiastically observed International Plastic-Free Bag day with various activities and initiatives. The event commenced with an assembly where students and teachers gathered to understand the significance of reducing plastic bag usage and its detrimental effects on the environment. Informative sessions were conducted to educate students about the environmental consequences of plastic bags, including their impact on marine life and ecosystems.

### Calligraphy Paragraph Writing Competition Grades I - V

To educate and empower students from grades I to V about the harmful effects of plastic and encourage them to adopt eco-friendly practices, particularly through the art of calligraphy and paragraph writing.

The Calligraphy Paragraph Writing Competition was a central component of the day's activities. Students participated by crafting meaningful paragraphs using calligraphy to



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emphasize the message of saying no to plastic. Each grade level had its own competition, allowing students to express their thoughts creatively through the art of writing.

**Learning Outcome:** Students deepened their understanding of the environmental impact of plastic pollution and the importance of reducing plastic usage. Through calligraphy, students explored a creative way to convey their thoughts and messages about environmental conservation.



## Ryan Sir's Birthday - Grades I to VI

RIA Kanakapura, joyfully celebrated CEO Ryan Sir's birthday with a special event filled with enthusiasm and heartfelt gestures. The celebration began with an assembly where students, teachers, and staff gathered to commemorate the occasion and express their appreciation for Ryan Sir's leadership. Students and staff members had the opportunity to convey their heartfelt messages and wishes to Sir through cards, letters, and personalized notes, expressing gratitude for his guidance and leadership.

## Show and Tell Competition - Grade I and II

To commemorate this special day while engaging students in meaningful activities that promote literacy and creativity. The Show and Tell Competition on "My Favourite Book" for grade I and II was designed to encourage students to share their love for reading and storytelling.

The Show and Tell Competition allowed young students to showcase their favourite books through storytelling and presentation. Each participant brought their chosen book to school and shared why it was their favourite, describing the characters, plot, and what they enjoyed most about the story.

**Learning Outcome:** Students developed their literacy skills through reading, storytelling, and presenting their favourite books to an audience.

## Spell Bee Competition - Grades III to V

To enhance students' spelling skills, foster healthy competition, and commemorate CEO Ryan Sir's special day.



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Description of the competition: Students prepared for the competition by studying a list of challenging words provided by the teacher. They practiced spelling words accurately and understanding their meanings. Students competed with their peers and they were asked to spell words aloud in front of the teacher and their peers. The competition was designed to be fair and encourage students to showcase their language skills confidently.

**Learning Outcome:** Students improved their spelling accuracy and expanded their vocabulary by studying and practicing challenging words.

### Math Problem Solving Competition - Grade VI

To enhance mathematical skills, promote critical thinking, and commemorate CEO Ryan Sir's special day.

Prior to the competition, students prepared by practicing various mathematical problems and concepts covered in their curriculum. They sharpened their problem-solving skills and strategized approaches to tackle different types of math problems. Participants engaged in multiple rounds of mathematical challenges, where they tackled problems.

**Learning Outcome:** Students improved their mathematical skills and proficiency in solving a variety of problems across different mathematical domains.

### World Population Day Grades III to V

RIA Kanakapura, enthusiastically observed World Population Day with a series of informative and engaging activities. The event commenced with an assembly where students and teachers gathered to understand the significance of World



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Population Day and its relevance to global challenges.

Objective of the competition: to raise awareness about global population issues and encourage creative expression among young students.

Students actively participated by crafting slogans that reflected the theme of World Population Day. They were encouraged to think critically about population-related challenges and solutions.

**Learning Outcome:** Students gained a deeper understanding of global population issues, including the impact of population growth on resources, environment, and socio-economic factors.

### Poster Making Competition - Grade VI

At raising awareness about global population issues and promoting creative expression through art.

Students showcased their artistic talents by creating posters that visually communicated the theme of population awareness. They were encouraged to use colours, images, and text creatively to convey messages related to population growth, its impact on resources, and the importance of sustainable development.

**Learning Outcome:** Students gained a deeper understanding of global population issues, including the impact of population growth on resources, environment, and socio-economic factors.

### International Tiger Day - Grades I to VI

In celebration of International Tiger Day, RIAK organized a series of elocution competitions for students across various grade levels. Held on 29th July 2024, these events aimed to raise awareness about tiger conservation and the impact of climate change on tiger habitats. The competition provided students with a platform to voice their thoughts on critical environmental issues and advocate for the protection of tigers.

**Activities by Mont I to III students:** Students were asked to make Tiger face masks and wear them on. Teacher were made to explain the importance of National Animal and How to save our endangered Tiger's.



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### Elocution Competition Grade I and II

Increase students' understanding of tiger conservation and the challenges faced by tigers due to climate change.

#### **"Stand Strong for Tigers, Roar for Change!"**

Young students were encouraged to prepare and deliver short speeches on why it is important to protect tigers and how they can contribute to their conservation. The focus was on simple, impactful messages suitable for their age group.

**Learning Outcome:** Students developed their ability to speak confidently and clearly in front of an audience, improving their communication skills.

### Elocution Competition - Grades III to V

Increase students' understanding of tiger conservation and the challenges faced by tigers due to climate change.

#### **"Tiger Conservation: A Global Commitment!"**

Students were tasked with discussing the importance of global efforts in tiger conservation. They explored how various countries and organizations are working together to protect tigers and their habitats.

**Learning Outcome:** Students developed their ability to speak confidently and clearly in front of an audience, improving their communication skills.

### Elocution Competition - Grade VI

Increase students' understanding of tiger conservation and the challenges faced by tigers due to

#### **"The Impact of Climate Change on Tiger Habitats"**

Grade VI students addressed the effects of climate change on the habitats of tigers. Their speeches covered how global warming, deforestation, and other climate-related factors threaten tiger populations and their environments.



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**Learning Outcome:** Students developed their ability to speak confidently and clearly in front of an audience, improving their communication skills.



### International Friendship Day - Grades I to VI

To celebrate International Friendship Day, RIAK organized two engaging activities aimed at fostering a deeper understanding of friendship among students. Held on 30th July 2024, these activities included a self-composed poetry competition for students in grades I to V and an interclass friendship collage-making project for grade VI.

### Inter Class Self Composed Poetry Competition Grades I to V

Help students appreciate the qualities of a good friend and the importance of positive relationships.

#### Poetry Competition - Grades I to V

- **Topic:** "My Best Friend is the One Who Brings Out the Best in Me"
- **Time Limit:** 1 minute per poem

Students from grades I to V participated in a self-composed poetry competition where they wrote and recited poems about their best friends and how these friends bring out the best in them. The emphasis was on personal experiences and genuine expressions of friendship.

**Learning Outcome:** Students gained a deeper understanding of the qualities that make a good friend and the importance of nurturing positive relationships.

### Friendship Collage Making Competition - Grade VI

Help students appreciate the qualities of a good friend and the importance of positive relationships.

- **Topic:** "Qualities of a Good Friend"

Grade VI students engaged in an interclass collage-making activity where they created visual representations of the qualities they believe are essential in a good friend. This



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activity encouraged collaboration and artistic expression as students worked together to produce a collective artwork.

**Learning Outcome:** Students gained a deeper understanding of the qualities that make a good friend and the importance of nurturing positive relationships.



## National Parents Day - Grades I to VI

On 31st July 2024, RIAK observed National Parents Day with a series of engaging activities designed to honour and appreciate the vital role parents play in their children's education and development. The celebration aimed to strengthen the school-community relationship and recognize the support and commitment of parents. Principal, Padmaja A emphasized the significance of National Parents Day and the integral role parents play in the educational journey of their children in the assembly. Students from various grades participated in fun filled competitions.

## Drawing Competition - Grade I and II

Encourage young students to express their feelings and experiences about their families through art.

The drawing competition was organized with the following details:

- **Theme:** "My Family" and "A Day Out with My Parents"
- **Participants:** Students from grade I and II
- **Submission Guidelines:** Students were invited to create drawings based on the provided themes, using a variety of materials such as crayons, markers, and colored pencils. Each drawing was accompanied by a short description written by the student, explaining their artwork.

**Learning Outcome:** Through the process of creating artwork about their families and days out with parents, students gained a deeper appreciation for their family dynamics and the quality time spent together.

## Essay Writing Competition - Grades III to V

Provide students with a platform to express their feelings and thoughts about their parents and family activities through written language.

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The essay writing competition was designed with the following elements:

- **Theme:**
  - “Why I Love My Parents”
  - “My Favorite Family Activity”
- **Participants:** Students from grade I and II

**Submission Guidelines:** Students were encouraged to write short essays based on the given themes. For grade I, the essays were generally shorter with simpler language, while grade II students were expected to provide more detailed responses. Teachers provided prompts and supported students in organizing their thoughts.

**Learning Outcome:** Students practiced and improved their writing abilities, including sentence structure, spelling, and the organization of ideas.

## Gratitude Letter to Parents Grade VI

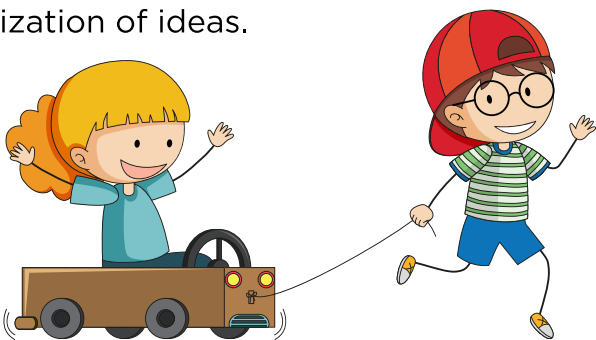
Foster an understanding of the importance of parental contributions and support in students’ lives.

**The Gratitude Letters Competition was organized with the following components:**

Students were encouraged to write either a letter or a poem expressing their love and gratitude to their parents.

Students had the choice to write a heartfelt letter or a poem. Submissions were required to be original and reflect genuine emotions.

**Learning Outcome:** Students practiced and improved their writing abilities, including sentence structure, spelling, and the organization of ideas.





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## Special Activities at school

**Sports:** Futsal is a game played in a smaller field, usually on artificial grass. Usually a 5V5 game is played on such grounds. Children of RIAK under the coaching of Santhosh Kiran are being trained to play interschool Futsal.

## Innovation Lab

**Grade I:** Treasure hunt of Magnetic objects.

**Grade II:** Windmill is a machine that harnesses the power of the wind. Windmills may be used to grind grain into flour, to pump water, or to produce electricity. A windmill has a number of blades that spin around when wind blows on them. The blades are mounted on a tall tower or building.

**Grade III -** Mobile Projector. Students watching their favourite cartoon by the projector they created.

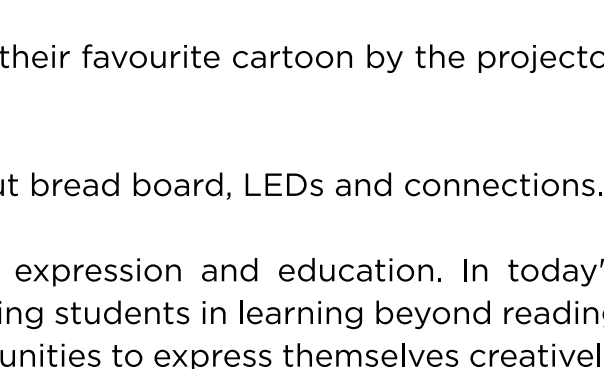
**Grade VI:** Introduction to basic Electronics about bread board, LEDs and connections.

**Music:** Music has been used for centuries for expression and education. In today's classroom, music is an effective tool for supporting students in learning beyond reading and writing. Music gives students unique opportunities to express themselves creatively and build confidence.

Ryan International Academy provides a platform for all the students to exhibit their talent in the field of vocal and instrumental music. Furtado's school of music are training our students in developing their keyboard skills.

**A Heartwarming Visit:** School Students at the Old Age Home.

On 29th July, a group of enthusiastic school students from Ryan International Academy visited the Ashraya Seva Trust as part of their community service initiative.





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This visit aimed to foster a sense of empathy, responsibility, and community spirit among the students. Upon arrival, the students were warmly welcomed by the staff and the residents. The initial moments were filled with a mix of excitement and nervousness as the students met their elderly friends. However, these feelings soon turned into genuine connections and heartfelt conversations. The visit began with a short introduction where the students introduced themselves and shared their hobbies and interests. This was followed by a series of engaging activities planned by the students, including singing, dancing, and playing games. The highlight of the visit was a small cultural program presented by the students, featuring songs and dance performances that brought smiles to the faces of the elderly. One of the most touching moments was when the students sat down with the residents for one-on-one interactions. They listened to stories of the past, shared jokes, and even learned some valuable life lessons from their new friends. These conversations helped bridge the generational gap and allowed the students to appreciate the wisdom and experiences of the elderly. The joy and gratitude in the eyes of the elderly residents were evident, and it was clear that the students had made a positive impact on their day. The visit concluded with a group photo and a promise to return soon.

## Enhancing Teacher Engagement Overview: Innovative Demo Classes

On 31st July we hosted a series of demo classes aimed at enhancing teacher engagement through innovative teaching techniques and interactive activities. The event was designed to provide teachers with practical tools and strategies to foster a more engaging and dynamic learning environment. Introduction: The day began with a brief welcome speech by the principal, who emphasized the importance of continuous professional development and the role of engaging teaching methods in student success.

The principal highlighted the goals of the demo classes: to inspire, to innovate, and to implement effective teaching practices

**Session 1:** Interactive Teaching Techniques The first session focused on interactive teaching techniques. The facilitator demonstrated the use of technology in the



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classroom, including interactive whiteboards, educational apps, and online resources. Teachers were shown how to integrate these tools into their lesson plans to create a more engaging and interactive learning experience.

## **Key activities included interactive quiz platforms:**

Teachers participated in a live demonstration of quiz platforms like Kahoot and Quiz, which can make assessments fun and engaging in collaborative projects: The use of Google Classroom and other collaborative tools to facilitate group projects and peer learning was demonstrated.

**Session II: Classroom Management Strategies:** The second session addressed effective classroom management strategies. The facilitator presented various approaches to maintaining a positive and productive classroom environment.

**Key activities included: Role-play scenarios:** Teachers engaged in role-playing exercises to practice handling different classroom situations, from managing disruptive behavior to fostering inclusive participation. Positive reinforcement techniques: Strategies for using positive reinforcement to encourage desired behaviors were discussed and demonstrated.

**Session III: Creative Engagement Activities:** The third session highlighted creative engagement activities that can be incorporated into any subject area. The facilitator emphasized the importance of creativity in keeping students motivated and interested in their learning.

**Key activities included:** Project-Based Learning: Teachers explored the concept of project-based learning and participated in a hands-on activity to design a mini-project. Gamification: The session demonstrated how to incorporate game elements into lessons to increase student engagement and motivation. Teachers participated in a sample classroom game to experience its benefits firsthand.

**Session VI: Reflective Teaching Practices:** The final session focused on reflective teaching practices. Teachers were encouraged to reflect on their current teaching methods and consider areas for improvement. Key activities included: Peer Observation and Feedback: Teachers paired up to observe each other's teaching styles and provide constructive feedback.

**Conclusion:** The demo classes concluded with a group discussion where teachers shared their experiences and insights from the day's activities. The principal thanked the facilitators and participants for their active involvement and encouraged teachers to continue exploring innovative teaching practices. The event was a resounding success, leaving teachers inspired and equipped with new tools to enhance their classroom engagement.

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## ELEP

ELEP aims to enhance the language skills of students through engaging and interactive activities. This program focuses on improving listening, speaking, reading, and writing skills, fostering a love for the English language.

The activities conducted in the month of July were dictogloss, picture description, guessing the conversation and ways to introduce oneself along with emphasis on Cursive writing.

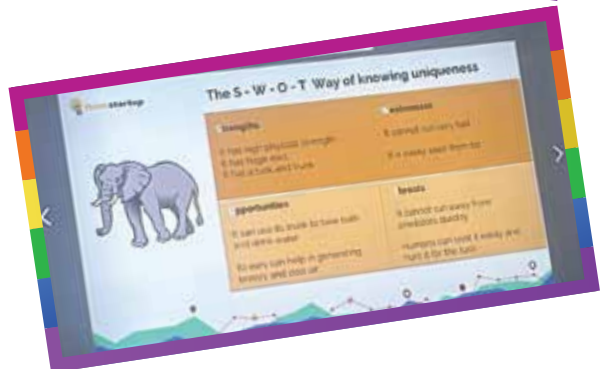
These activities collectively aimed to create an immersive and supportive learning environment. By integrating these interactive methods, the program ensured that students not only improve their language proficiency but also enjoy the process of learning English. The combination of individual and group tasks fosters both independent and collaborative learning skills, preparing students for more advanced language use in the future.

## Entrepreneurship Class

This month in our Entrepreneurship class, students explored the essential traits of successful entrepreneurs. The lesson focused on creativity, risk-taking, determination, leadership, and problem solving.

Through engaging discussions, real-life examples, and group activities, students learned how these traits contribute to entrepreneurial success. They worked on a group project where they presented how each characteristic plays a role in business success, displaying their understanding and creativity.

The class was highly interactive, with students actively participating in discussions and reflecting on how they can apply these traits in their own lives. Overall, it was an enlightening session that laid a strong foundation for future entrepreneurial learning.

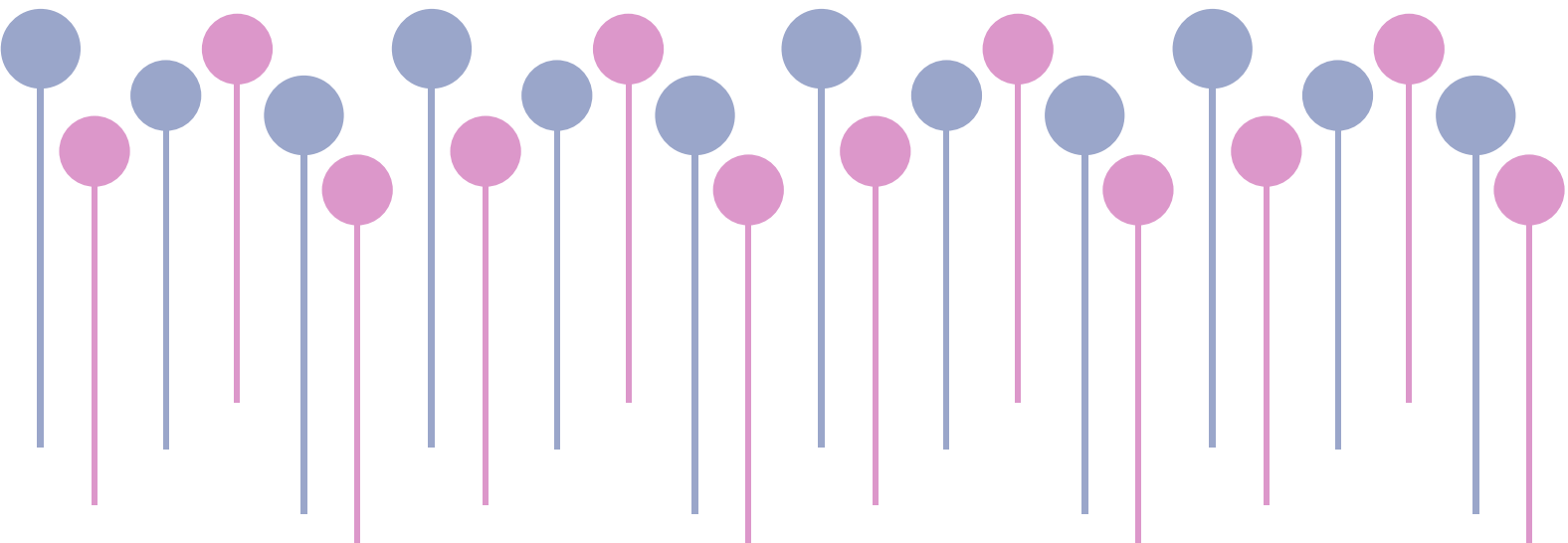




## PARENT'S CORNER

I am impressed with your curriculum and teaching methods which is different from other schools. Well planned worksheets for practice makes my child think beyond prescribed textbooks. I like to take this privilege to congratulate the management of the School for its endless efforts. The school is always clean and well organized even with all the classrooms full and active with play and multiple centers are open for the kids to keep them engaged. The staff is friendly and well prepared to keep the children safe, active and engaged. It is a warm and safe environment.

**- Ms. Sheela Singh,  
Parent - Mother of Ashika - Grade II**



## STUDENT CORNER

I thank my mother for nurturing her child's love for learning. The dedication of the teachers and staff is commendable. Their commitment to develop our skills is invaluable. I feel safe and supported at this school. The opportunities for extracurricular activities are fantastic. The prayers sung every day bring positive vibes in me.

- Rithysh,  
Grade VI



### Upcoming Events

- Friendship Day
- Yellow Day Activities (Mont Section Only)
- World Elephant Day
- Independence Day
- Parent Teacher Meeting
- Tirangaa
- Chairman Sir's Birthday
- National Sports Day